**Table S1 | Descriptive characteristics of the sample**

|  |  |  |
| --- | --- | --- |
| Variable | *n* | % |
| Sex (Questionnaire provided to us did not ask about Gender) | | |
| Male | 1143 | 45.7 |
| Female | 1357 | 54.3 |
| Age | | |
| 18 ­- 29 | 482 | 19.3 |
| 30 - 44 | 677 | 27.1 |
| 45 - 59 | 689 | 27.6 |
| 60 and over | 652 | 26.1 |
| Children under 18 at home | | |
| Yes | 1939 | 77.6 |
| No | 561 | 22.4 |
| Member of a visible minority/racialized community | | |
| Yes | 403 | 83.9 |
| No | 2097 | 16.1 |
| Residence in an Urban vs Rural vs Suburban place | | |
| Urban | 1132 | 45.3 |
| Rural | 433 | 17.3 |
| Suburban | 935 | 37.4 |

**Table S2 | Results**

|  |  |  |
| --- | --- | --- |
| Variable | *n* | % |
| Feelings about music | | |
| Love it | 1405 | 56.2 |
| Like it | 891 | 35.6 |
| Indifferent about it | 186 | 7.4 |
| Dislike it | 11 | 0.4 |
| Hate it | 7 | 0.3 |
| Listening to music for stress relief | | |
| Strongly agree | 615 | 24.6 |
| Agree | 1356 | 54.2 |
| Disagree | 406 | 16.2 |
| Strongly Disagree | 123 | 4.9 |
| Change in listening to music during the COVID-19 pandemic | | |
| Much more than usual | 409 | 16.4 |
| More than usual | 473 | 18.9 |
| About the same as usual | 1365 | 54.6 |
| Less than usual | 180 | 7.2 |
| Much less than usual | 73 | 2.9 |
| Level of worry | | |
| Not worried at all | 135 | 5.4 |
| A little worried | 631 | 25.2 |
| Somewhat worried | 738 | 29.5 |
| Worried a lot | 596 | 23.8 |
| Extremely worried | 400 | 16 |
| Music Watching: Watching music videos | | |
| Much more than usual | 309 | 12.4 |
| More than usual | 452 | 18.1 |
| About the same as usual | 1381 | 55.2 |
| Less than usual | 177 | 7.1 |
| Much less than usual | 181 | 7.2 |
| Music Watching: Watching recorded live concerts | | |
| Much more than usual | 225 | 9.0 |
| More than usual | 382 | 15.3 |
| About the same as usual | 1342 | 53.7 |
| Less than usual | 224 | 9.0 |
| Much less than usual | 327 | 13.1 |
| Music Watching: Watching online video content from musicians | | |
| Much more than usual | 315 | 12.6 |
| More than usual | 509 | 20.4 |
| About the same as usual | 1251 | 50.0 |
| Less than usual | 193 | 7.7 |
| Much less than usual | 232 | 9.3 |
| Music Discovery: Discovering new musicians and artists | | |
| Strongly agree | 226 | 9.0 |
| Agree | 862 | 34.5 |
| Disagree | 1027 | 41.1 |
| Strongly disagree | 385 | 15.4 |
| Music Discovery: Finding new content about music and musicians I love | | |
| Strongly agree | 254 | 10.2 |
| Agree | 1155 | 46.2 |
| Disagree | 818 | 32.7 |
| Strongly disagree | 273 | 10.9 |

**Table S3 | Table S3 Values (PVQ) and Descriptions (Schwartz, 2012)**

| **Value** | **Description** |
| --- | --- |
| Power | Social status, prestige, dominance over people and resources |
| Achievement | Personal success through demonstrated competence |
| Hedonism | Pleasure or gratification for self. |
| Stimulation | Excitement, novelty, and challenge |
| Self-direction | Independence in thought and action, exploration |
| Universalism | Understanding, appreciation, and protection for the welfare of all |
| Benevolence | Enhancing welfare of those with whom one is closely affiliated (friends, family) |
| Conformity | Obedience, restraint of actions and impulses that could violate social norms or harm others |
| Security | Safety, stability of society, relationships and self. |
| Tradition | Respect, commitment, and acceptance of customs of one’s culture or religion |